

# Lunar Scorpio

In astrology, your Moon is the portal to your subconscious mind & Your Lunar Self. It represents how you emote, get your emotional needs met, your subconscious & authentic self, as well as how you integrate yin energy. Your Moon sign reflects the light of your Sun sign, your life purpose, & tells you how to live out that purpose in the physical realm. It is the reflection of your soul's experience in your body. Knowing your Moon sign can help you take better care of yourself, feed yourself whatever nourishment you may not have received in childhood, & connect to your life purpose.



Your Moon in Scorpio likely makes you a seeker of truth, who experiences emotions intensely and sensually. You have a gift of moving through difficult emotions and facing extreme situations, as well as an incredible depth and emotional endurance. You likely have a deep psychological insight and potentially psychic.

Sometimes struggling to connect with others due to fear of intimacy or trust issues, you may emote in secret. If you are unbalanced and not able to express your passionate side through true connection, you may withdraw to protect yourself. You may also be fixated on controlling situations or other people, and may have difficulty being vulnerable with others. You'll need to learn to appreciate life without emotional upheaval, and how to communicate emotions instead of repressing them - especially negative ones.

As a Lunar Scorpio, the best way to release these emotions is through deep and authentic connections in relationships. You need a healthy outlet for your intense, passionate energy - so having a passionate outlet is important for you. As you may sometimes put walls up to protect yourself from emotional pain, journaling about your feelings will allow you to delve deep into your shadow side and release any negative feelings you might have in order to forgive and let go. Connecting to a spiritual practice is also very beneficial for you to stay connected to your deep mystical side.

The Lunar Scorpio Ritual Tools are blended with herbs that help keep you open and expressing your passion freely. Save 10% off Lunar Teas + Candles with the code "ALTARGUIDE".

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