

# Lunar Sagittarius

In astrology, your Moon is the portal to your subconscious mind & Your Lunar Self. It represents how you emote, get your emotional needs met, your subconscious & authentic self, as well as how you integrate yin energy. Your Moon sign reflects the light of your Sun sign, your life purpose, & tells you how to live out that purpose in the physical realm. It is the reflection of your soul's experience in your body. Knowing your Moon sign can help you take better care of yourself, feed yourself whatever nourishment you may not have received in childhood, & connect to your life purpose.



Your Moon in Sagittarius means you likely feel your best when you're expanding your horizons through learning or adventuring with like-minded people. You have a desire for freedom and authentic, unhindered expression, which may or may not have been supported throughout your life. The key to nurturing your Moon is giving yourself the freedom you crave and forming your own belief systems.

When unbalanced, this unhindered expression can turn into dogmatism, overindulgence, and [sometimes brutal] honesty. You may find it difficult to stick through conflict, speak before thinking how it may affect others, and may run away from situations that make you feel 'tied down'.

Because your Moon loves adventure, expression and fun, it's important to channel your fiery energy into learning, exploring and connecting with like-minded community. The changeable energy of Sagittarius needs variety, so it's important to let inspiration lead the way when it comes to burning off excess energy through outdoor activities and sports. However, it is equally important to balance this need for adventure with grounding and calming practices such as walks in nature.

The Lunar Sagittarius Ritual Tools are blended with herbs that soothe your tired muscles and help you stay and problem solve when the road gets tough. Save 10% off Lunar Teas + Candles with the code "ALTARGUIDE".

[SHOP TOOLS](#)