

Lunar Gemini

In astrology, your Moon sign represents how you emote, get your emotional needs met, your subconscious and authentic self, how you may have been parented, as well as how you integrate feminine energy. Your Moon sign reflects the light of your Sun sign, your life purpose, and tells you how to live out that purpose in the physical realm. It is the reflection of your soul's experience in your body. Knowing your Moon sign can help you take better care of yourself, feed yourself whatever nourishment you may not have received in childhood, and connect to your life purpose.



Your Moon in Gemini means that you likely have a need for learning, communicating, like to keep busy, are clever and witty. Fueled by fast-moving air energy, you can be restless and express your emotions best through movement. It's important for you to be engaged in intellectual exchange, stay curious, and keep busy, but you may struggle when you overbook yourself. You are wildly adaptable, always able to see multiple sides of the story, and are a skilled communicator who is able to understand and teach complex topics.

When unbalanced, you might struggle to slow down, get irritable because you have too many things on the go, and have trouble truly feeling your emotions, intellectualizing them instead. This can cause stress and psychological overstimulation. When unbalanced, your curiosity can turn to skepticism and you may have a difficult time forming trusting relationships with others. Your overactive mind can also cause you to be a poor listener, oversharing your knowledge or weaving tales and subconsciously seeking external validation.

Your Moon sign loves connecting with others and learning new things. Due to your dualistic nature, you likely need both introverted and extroverted activities to feel balanced. In general, you would benefit from herbs like lavender, found in our Gemini ritual tools, that cause you to stop, slow down, and process whatever may be coming up.

The Lunar Taurus Ritual Tools are blended with herbs that centre and soothe your mind without dimming your spirit. Save 10% off Lunar Teas + Candles with the code "ALTARGUIDE".

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