

Lunar Aquarius

In astrology, your Moon is the portal to your subconscious mind & Your Lunar Self. It represents how you emote, get your emotional needs met, your subconscious & authentic self, as well as how you integrate yin energy. Your Moon sign reflects the light of your Sun sign, your life purpose, & tells you how to live out that purpose in the physical realm. It is the reflection of your soul's experience in your body. Knowing your Moon sign can help you take better care of yourself, feed yourself whatever nourishment you may not have received in childhood, & connect to your life purpose.



Your Moon in Aquarius means that you likely get your emotional needs met through innovating, expressing your individuality, and committing to the betterment of humanity. You likely need to feel connected to something greater - like a cause with like-minded individuals, and as a result, community and friendships are important to you. However, being a fiercely independent and freedom-loving sign, it's equally important for you to spend time alone, tapping into your interests and hobbies.

When unbalanced, your energy can be scattered and you may become a rebel without a cause. Your deep need for individuality and freedom could also make you prone to disconnecting from the world and your emotions, which can impede your ability to intimately connect with others.

Even though you are innately social, you should surround yourself with others who understand your need for independence. To nurture your moon, consider supporting a cause for the greater good or practicing energy healing with crystals or a sound bath. It's also important to let inspiration strike when it comes to nurturing your moon sign - do what feels good in the moment.

As an air sign, it's possible you live in your head, so take the time to listen to your emotions without judgment or attachment, to figure out what you need. Give yourself some time each day to tap into your emotional world, take action when it comes to what it needs, and release the rest.

The Lunar Aquarius Ritual Tools are blended with herbs that keep you connected to your cause. Save 10% off Lunar Teas + Candles with the code "ALTARGUIDE".

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